

gastropost

FOOD MISSIONS FOR FOOD LOVERS

TORONTO

YOUR MISSION COMPLETED: POMEGRANATE vs. CRANBERRY

Last week, we asked you to take sides between cranberry and pomegranate. According to our tally of your Gastroposts, pom pummelled cran. On these pages, **Twitter handles are in blue** and **Instagram in brown**.

**WINNER
POMEGRANATE
64%**



When I was a little kid someone brought a pomegranate to school and opened it up and shared it with me and I was instantly in love. This pavlova, with the syrup mixed into the marscapone and then the fresh seeds scattered over the top of the whole shebangs is one of my all-time favourite desserts.

Carole Nelson Brown
@SMmamashack Makeup artist by trade, food blogger for love

Edith Rosenberg
@justnutsbyedith Stuffed poblanos sprinkled with pomegranate



Valida Jafarov
@validaj I love pomegranate



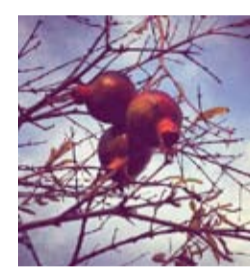
Abbey Sharp
@AbbeysKitchen Check out my pom molasses glazed turkey



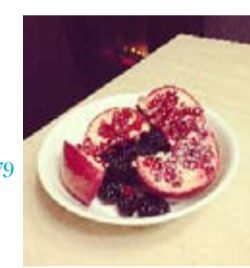
Heather Johnson
@heation Pomegranates all the way! Especially like this



Lindsay Zier-Vogel
@lindsayzv I found pomegranates on trees in Texas



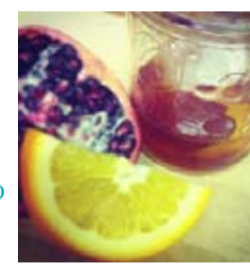
Jodi Graham
@jodigraham79 Sunday night dessert



Meagan McGregor
@meagan_mcgregor Pomegranate + omelette = pomelette?



Courtney Whitman Dishart
@drunkgirlTO Old fashioned with homemade greadadine



Shelby Morrison
@shelby_morrison Pomegranate seeds with Greek yogurt



Salina Siu
@salinasiu Pomegranates are so hard to eat. Can I just have the juice?



Sara Serebro Verk
Food Network junkie Pomegranate Greek yogurt



Jacqueline Tong
@jacqueline_cktong Chrysanthemum honey tea jelly with pomegranate



Esther Lee
@thiswildheart Pom plus granola plus Greek yogurt.



Jo-Ann Blondin
@9CupChallenge Pomegranates win — time to try it. (Visit gastropost.com for Jo-Ann's poetic ode to pomegranates!)

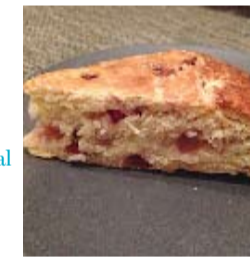
Phetmany Phaxay
Food lover Here's to a pomegranate mojito!



Bev Wooding
@b_real Despite the mess, I can't resist its sweet jewels



Heather Chambers
@anuptwngal Love these tiny seeds. I threw them into scones



Jason Nip
@jasonnip_design Pomegranate love



C.Reay Hutchinson
@wellness_studio It's indisputably queen of the winter fruits



Helena DeCrescenzo
@halenapie Two words: pomegranate juice

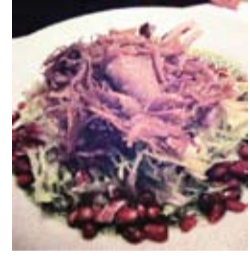


Franziska Ramlackhan
@MrsFranziR (1) Remove crown and slice all around; (2) soak in cold water for 10 minutes; (3) peel.



Amy Taylor
@greeneyesgeisha Pomegranate salad Chez Ames. Pomegranate cream di balsamico.

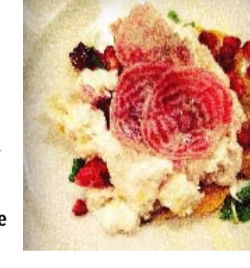
Jennifer Paterson
@foodflashme Pomegranate makes duck confit salad so much better!



Crystal Mickokwin
@minraed Pork medallions with port pomegranate glaze



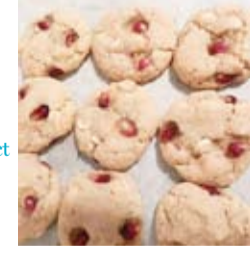
Becca Moss
@beccawillow Pomegranate caprese at Paese Ristorante



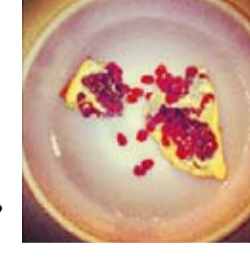
Naveen Atcal
@nav_eeen Team pomegranate!



Tamarah Smith
@poutineaddict Try white chocolate pomegranate cookies



Ralph Plastino
@supermeato_keen How do you get these seeds out?



Pam Lau
@pamlau Almond yogurt with pomegranate and lemon.



Melanie Hillier
@MelanieHillier Those mysterious little ruby jewels, hidden deep inside that prehistoric orb—you can't beat it.

Kris Osborne
@80twenty_food In a salad with sweet potato and arugula



Emily Loewen
@erfloewen The perfect late-night work snack



Michelle Bennett
@BurlEcoBeat Ice cold gin with crushed pomegranate berries



Najah Hussain
@najah85 Bocconcini garnished with pom seeds



Anna Triggiani
@annatriggiani Add a little tartness and extra pop to any fruit salad



Violetta Barczay
New Gastroposter Even cleaning out the fleshy inside's a treat



OTHER GASTROPOSTERS WHO COMPLETED THIS MISSION

- Sasha Maghami
- Linda Matarasso
- Tiffany Mayer
- Siobhan Cole
- Lisa Turner
- Romina Di Gasbarro
- Colleen Smith
- Bella Mohamed
- Khoa Dao
- Daniel Muia
- Jessica Wang
- Stephanie Podolak
- Janet Malowany
- Milka Mili
- Choo Yeung Yao
- J. Torres
- L.J. Stubbs
- Julia Vladimirova